**10/26/25**

**Crestview Rehabilitation Center**

# Sermon Title: Those that Wait on the Lord

**Isaiah 40:31**

*"But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."*

**Introduction**

- Your identity determines how you see yourself.
- Your inheritance determines how well you live.
- Your ability determines how much you can achieve.

**How to do all things (your ability)**

1. "*I can do all things through Christ who strengthens me.*" - Philippians 4:13
2. *"The joy of the Lord is my strength" – Nehemiah 8:10*
3. *"In the presence of God is fullness of joy" – Psalms 16:11*

******Presence of God –> Joy –>Strength –>Do******

**What it means to wait on the Lord**

- It means to wait on His word to receive instructions as a waiter at a restaurant does.
- It means to go into His presence especially when discouraged until the feelings change.
- The Eagle uses the storm to find a place to hide while other birds hide from the storm.
- God is your hiding place when storms come.

**How to wait on the Lord**

- Sit up or stand or pace the floor
- Take one scripture and speak to the situation e.g. Isaiah 24:3 if depressed
- Start thinking and/or talking about it
- Think about or talk about it till you start having positive feelings (do this every day)
- Listen for instructions on what to do

**What you get when you wait on the Lord**

- Joy & Peace
- These two are weapons you need to DO all things in life
- A prosperous soul combines joy and peace to DO all things in life – you become unstoppable